

# THURLBY LUNCH MENU



Here are the details of our new menu that will run from Monday 6th September to Thursday 21st October 2021 and our Theme Day Lunch for Term 1. All of the other regular options will also be available on the Theme Day.

*Harvest Lunch*  
*Thursday 7th October 2021*

**Sausage & baked bean casserole  
with mashed potatoes  
or  
Quorn sausage & baked bean casserole  
with mashed potatoes**

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**Sticky toffee pudding with  
warm toffee sauce**

### Are you entitled to Free School Meals?

If you are in receipt of certain benefits and do not exceed the income threshold, you could be entitled to free school meals. Please contact the school office for more information.

All meals are subject to availability and may be altered at short notice for operational reasons. We will take into account individually diagnosed food allergies.

Visit our website at [www.thurlby.lincs.sch.uk](http://www.thurlby.lincs.sch.uk) for allergen information

Monday 6th September - Friday 10th September 2021					
	Monday 6th September	Tuesday 7th September	Wednesday 8th September	Thursday 9th September	Friday 10th September
Option 1	Beef meatballs in fresh tomato sauce, pasta & garlic bread	Sausage roll & potato wedges	Roast turkey, Yorkshire pudding, roast potatoes & gravy	Chicken goujons & mashed potatoes	Fish fingers & chips
Option 2	Quorn meatballs in fresh tomato sauce, pasta & garlic bread	Quorn sausage roll & potato wedges	Cheese and red onion quiche & roast potatoes	Cheese parcels & mashed potatoes	Vegetable fingers & chips
	Served with carrots	Served with spaghetti/baked beans	Served with country vegetables	Served with sweetcorn	Served with peas
Option 3	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling
Option 4	Pasta pot	Pasta pot	Pasta pot	Pasta pot	Pasta pot
Option 5	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling
Option 6	Salad	Salad	Salad	Salad	Salad
Dessert	Banana sponge & warm toffee sauce	Strawberry jelly	Flapjack	Arctic roll	Chocolate iced sponge
Yoghurt & fresh fruit available daily					



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Monday 13th September - Friday 17th September 2021

	Monday 13th September	Tuesday 14th September	Wednesday 15th September	Thursday 16th September	Friday 17th September
<b>Option 1</b>	All day breakfast - sausage, hash brown & omelette	Pepperoni pizza & potato wedges	Roast chicken, Yorkshire pudding, roast potatoes & gravy	Beef lasagne & garlic bread	Fish fillet & chips
<b>Option 2</b>	Vegetarian all day breakfast - Quorn sausage, hash brown & omelette	Margherita pizza & potato wedges	Stuffed cheese and spring onion potato skins	Quorn lasagne & garlic bread	Vegetable nuggets & chips
	Served with baked beans	Served with sweetcorn	Served with country vegetables	Served with broccoli	Served with baked beans/peas
<b>Option 3</b>	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling
<b>Option 4</b>	Pasta pot	Pasta pot	Pasta pot	Pasta pot	Pasta pot
<b>Option 5</b>	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling
<b>Option 6</b>	Salad	Salad	Salad	Salad	Salad
<b>Dessert</b>	Chocolate fudge brownie	Butter iced sponge with sprinkles	Raspberry bun	Chocolate crunch	Apple & cherry crumble & custard
Yoghurt & fresh fruit available daily					

Monday 20th September - Friday 24th September 2021

	Monday 20th September	Tuesday 21st September	Wednesday 22nd September	Thursday 23rd September	Friday 24th September
<b>Option 1</b>	Toad in the hole, mashed potatoes & gravy	Salmon fish fingers & potato wedges	Roast pork, stuffing, roast potatoes & gravy	Beef bolognese, pasta & garlic bread	Chicken burger in a bun & chips
<b>Option 2</b>	Quorn toad in the hole, mashed potatoes & gravy	French bread tomato pizza & potato wedges	Cheese & potato pie	Quorn bolognese, pasta & garlic bread	Quorn burger in a bun & chips
	Served with peas & carrots	Served with baked beans	Served with country vegetables	Served with carrots	Served with sweetcorn
<b>Option 3</b>	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling
<b>Option 4</b>	Pasta pot	Pasta pot	Pasta pot	Pasta pot	Pasta pot
<b>Option 5</b>	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling
<b>Option 6</b>	Salad	Salad	Salad	Salad	Salad
<b>Dessert</b>	Lemon iced sponge	Strawberry jelly	White chocolate chip shortbread	Chocolate oatly cookie	Marble sponge & custard
Yoghurt & fresh fruit available daily					



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## Monday 27th September - Friday 1st October 2021

	Monday 27th September	Tuesday 28th September	Wednesday 29th September	Thursday 30th September	Friday 1st October
<b>Option 1</b>	Beef meatballs in fresh tomato sauce, pasta & garlic bread	Sausage roll & potato wedges	Roast turkey, Yorkshire pudding, roast potatoes & gravy	Chicken goujons & mashed potatoes	Fish fingers & chips
<b>Option 2</b>	Quorn meatballs in fresh tomato sauce, pasta & garlic bread	Quorn sausage roll & potato wedges	Cheese and red onion quiche & roast potatoes	Cheese parcels & mashed potatoes	Vegetable fingers & chips
	Served with carrots	Served with spaghetti/baked beans	Served with country vegetables	Served with sweetcorn	Served with peas
<b>Option 3</b>	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling
<b>Option 4</b>	Pasta pot	Pasta pot	Pasta pot	Pasta pot	Pasta pot
<b>Option 5</b>	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling
<b>Option 6</b>	Salad	Salad	Salad	Salad	Salad
<b>Dessert</b>	Banana sponge & warm toffee sauce	Strawberry jelly	Flapjack	Arctic roll	Chocolate iced sponge
Yoghurt & fresh fruit available daily					

## Monday 4th October - Friday 8th October 2021

	Monday 4th October	Tuesday 5th October	Wednesday 6th October	Thursday 7th October	Friday 8th October
<b>Option 1</b>	All day breakfast - sausage, hash brown & omelette	Pepperoni pizza & potato wedges	Roast chicken, Yorkshire pudding, roast potatoes & gravy	Sausage and bean casserole & mashed potatoes	Fish fillet & chips
<b>Option 2</b>	Vegetarian all day breakfast - Quorn sausage, hash brown & omelette	Margherita pizza & potato wedges	Stuffed cheese and spring onion potato skins	Quorn sausage and bean casserole & mashed potatoes	Vegetable nuggets & chips
	Served with baked beans	Served with sweetcorn	Served with country vegetables		Served with baked beans/peas
<b>Option 3</b>	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling
<b>Option 4</b>	Pasta pot	Pasta pot	Pasta pot	Pasta pot	Pasta pot
<b>Option 5</b>	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling
<b>Option 6</b>	Salad	Salad	Salad	Salad	Salad
<b>Dessert</b>	Chocolate fudge brownie	Butter iced sponge with sprinkles	Raspberry bun	Sticky toffee pudding & warm toffee sauce	Apple & cherry crumble & custard
Yoghurt & fresh fruit available daily					



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Monday 11th October - Friday 15th October 2021					
	Monday 11th October	Tuesday 12th October	Wednesday 13th October	Thursday 14th October	Friday 15th October
<b>Option 1</b>	Toad in the hole, mashed potatoes & gravy	Salmon fish fingers & potato wedges	Roast pork, stuffing, roast potatoes & gravy	Beef bolognese, pasta & garlic bread	Chicken burger in a bun & chips
<b>Option 2</b>	Quorn toad in the hole, mashed potatoes & gravy	French bread tomato pizza & potato wedges	Cheese & potato pie	Quorn bolognese, pasta & garlic bread	Quorn burger in a bun & chips
	Served with peas & carrots	Served with baked beans	Served with country vegetables	Served with carrots	Served with sweetcorn
<b>Option 3</b>	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling
<b>Option 4</b>	Pasta pot	Pasta pot	Pasta pot	Pasta pot	Pasta pot
<b>Option 5</b>	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling
<b>Option 6</b>	Salad	Salad	Salad	Salad	Salad
<b>Dessert</b>	Lemon iced sponge	Strawberry jelly	White chocolate chip shortbread	Chocolate oaty cookie	Marble sponge & custard
Yoghurt & fresh fruit available daily					

Monday 18th October - Friday 22nd October 2021					
	Monday 18th October	Tuesday 19th October	Wednesday 20th October	Thursday 21st October	Friday 22nd October
<b>Option 1</b>	Beef meatballs in fresh tomato sauce, pasta & garlic bread	Sausage roll & potato wedges	Roast turkey, Yorkshire pudding, roast potatoes & gravy	Chicken goujons & mashed potatoes	T R A I N I N G  D A Y
<b>Option 2</b>	Quorn meatballs in fresh tomato sauce, pasta & garlic bread	Quorn sausage roll & potato wedges	Cheese and red onion quiche & roast potatoes	Cheese parcels & mashed potatoes	
	Served with carrots	Served with spaghetti/baked beans	Served with country vegetables	Served with sweetcorn	
<b>Option 3</b>	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	
<b>Option 4</b>	Pasta pot	Pasta pot	Pasta pot	Pasta pot	
<b>Option 5</b>	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	
<b>Option 6</b>	Salad	Salad	Salad	Salad	
<b>Dessert</b>	Banana sponge & warm toffee sauce	Strawberry jelly	Flapjack	Arctic roll	
Yoghurt & fresh fruit available daily					