

November 2021 Menu Allergens

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	<p>Beef meatballs – sulphites. May contain soyabean</p> <p>Quorn meatballs – wheat, barley, eggs, milk.</p> <p>Banana sponge & toffee sauce – wheat, eggs, milk, soyabean.</p>	<p>Sausage roll – wheat, soyabean, milk, sulphites.</p> <p>Quorn sausage roll – wheat, barley, eggs, milk.</p> <p>Strawberry jelly – none.</p>	<p>Roast turkey – wheat, eggs, milk, sulphites.</p> <p>Cheese & red onion quiche – milk, egg, wheat.</p> <p>Flapjack – oats.</p>	<p>Chicken goujons – wheat, eggs.</p> <p>Cheese parcels – wheat, egg, milk.</p> <p>Arctic roll – milk, egg, wheat, soyabean.</p>	<p>Fish finger – fish.</p> <p>Vegetable fingers – wheat.</p> <p>Chocolate iced sponge – wheat, egg, milk, soyabean.</p>
Week 2	<p>All day breakfast – sulphites, egg, milk. May contain soyabean.</p> <p>Quorn all day breakfast – wheat, barley, egg, milk.</p> <p>Chocolate fudge brownie – wheat, egg, milk. May contain soyabean.</p>	<p>Pepperoni pizza – wheat, milk, sulphites.</p> <p>Margherita pizza – wheat, soyabean, milk. May contain Egg.</p> <p>Butter iced sponge – wheat,</p>	<p>Roast chicken – wheat, sulphites.</p> <p>Stuffed cheese & spring onion potato skins – milk.</p> <p>Raspberry buns – wheat, sulphites. May contain milk.</p>	<p>Beef lasagne – wheat, egg, milk.</p> <p>Quorn lasagne – wheat, eggs, milk.</p> <p>Chocolate crunch – wheat. May contain milk.</p>	<p>Fish fillet – wheat, fish.</p> <p>Vegetable nuggets – wheat.</p> <p>Apple & cherry crumble & custard – wheat, sulphites, milk.</p>
Week 3	<p>Toad in the whole – wheat, egg, milk, sulphites. May contain soyabean, mustard, celery.</p> <p>Quorn toad in hole – wheat, barley, egg, milk.</p> <p>Lemon iced sponge - wheat, egg, soyabean, milk.</p>	<p>Salmon fish fingers – wheat, fish.</p> <p>French bread tomato pizza – wheat, soyabean.</p> <p>Strawberry jelly - none.</p>	<p>Roast pork – wheat, egg, milk, sulphites.</p> <p>Cheese & potato pie – wheat, milk, sulphites.</p> <p>White choc chip shortbread – wheat, milk, soyabean.</p>	<p>Beef bolognese – wheat. May contain soyabean, milk.</p> <p>Quorn bolognese – wheat, barley, soyabean.</p> <p>Chocolate oaty cookie – wheat, oats. May contain milk.</p>	<p>Chicken burger - wheat. May contain sesame.</p> <p>Quorn burger – wheat, barley, egg, milk. May contain sesame.</p> <p>Marble sponge & custard – wheat, egg, milk, soyabean.</p>

Yoghurts – milk.

Baguettes – gluten (wheat), soya.

Mayonnaise – egg.

Garlic bread – gluten (wheat), soya, milk.

Soup – milk.

Pasta pot – gluten (wheat).