

# THURLBY LUNCH MENU



Here are the details of our new menu that will run from Monday 5th September to Friday 21st October 2022 and our Theme Day Lunch for Term 1. All of the other regular options will also be available on the Theme Day.

Visit our website at [www.thurlby.lincs.sch.uk](http://www.thurlby.lincs.sch.uk) for allergen information

*Harvest Lunch*  
*Thursday 6th October 2022*

**Sausage, oven chips  
& baked beans/peas  
or  
French bread tomato pizza, chips  
& baked beans/peas**

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**Apple pie & ice cream**

### Are you entitled to Free School Meals?

If you are in receipt of certain benefits and do not exceed the income threshold, you could be entitled to free school meals. Please contact the school office for more information.

All meals are subject to availability and may be altered at short notice for operational reasons. We will take into account individually diagnosed food allergies.

Monday 5th September - Friday 9th September 2022					
	Monday 5th September	Tuesday 6th September	Wednesday 7th September	Thursday 8th September	Friday 9th September
Option 1	Green Earth Monday	Beef lasagne & garlic bread	Roast turkey, roast potatoes & gravy	Crispy fish burger & oven chips	Chicken & sweetcorn meatballs in arrabiata sauce & pasta
Option 2	Margherita pizza & potato wedges	Veggie lasagne & garlic bread	Cheese parcels & roast potatoes	Veggie hot dog & oven chips	Tomato & basil pasta bake
	Served with sweetcorn & peas	Served with broccoli & carrots	Served with country vegetables	Served with baked beans/peas	Served with peas & sweetcorn
Option 3	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling
Option 4	Pasta pot	Pasta pot	Pasta pot	Pasta pot	Pasta pot
Option 5	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling
Option 6	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar
Dessert	Apple crumble & custard	Arctic roll	Chocolate cookie	Mandarin jelly	Watermelon & pineapple slices
Fresh fruit bowl, yoghurt & homemade bread available daily					



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## Monday 12th September - Friday 16th September 2022

	Monday 12th September	Tuesday 13th September	Wednesday 14th September	Thursday 15th September	Friday 16th September
<b>Option 1</b>	Chicken goujons, mashed potatoes & tomato ketchup	Beef bolognese, pasta & garlic bread	Roast chicken, roast potatoes & gravy	Fish fillet & oven chips	Oven baked chicken pie & mashed potatoes
<b>Option 2</b>	Cheese & onion quiche & mashed potatoes	Veggie & lentil bolognese, pasta & garlic bread	Stuffed cheese and spring onion potato skins	French bread tomato pizza & oven chips	Oven baked Quorn pie & mashed potatoes
	Served with peas & carrots	Served with carrots & green beans	Served with country vegetables	Served with baked beans/peas	Served with carrots & peas
<b>Option 3</b>	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling
<b>Option 4</b>	Pasta pot	Pasta pot	Pasta pot	Pasta pot	Pasta pot
<b>Option 5</b>	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling
<b>Option 6</b>	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar
<b>Dessert</b>	Chocolate & banana cake & custard	Peach flapjack	Frozen toffee yoghurt	Chocolate crunch	Fruit jelly & ice cream

Fresh fruit bowl, yoghurt & homemade bread available daily

## Monday 19th September - Friday 23rd September 2022

	Monday 19th September	Tuesday 20th September	Wednesday 21st September	Thursday 22nd September	Friday 23rd September
<b>Option 1</b>	Toad in the hole & mashed potatoes	Beef meatballs in fresh tomato sauce, pasta & garlic bread	Roast turkey, stuffing, roast potatoes & gravy	Salmon fingers & oven chips	Creamy chicken korma curry & rice
<b>Option 2</b>	Quorn toad in the hole & mashed potatoes	Quorn meatballs in fresh tomato sauce, pasta & garlic bread	Cheese & potato pie	Vegetable fingers & oven chips	Chinese vegetable & lentil curry & rice
	Served with peas & carrots	Served with carrots & green beans	Served with country vegetables	Served with baked beans/peas	Served with broccoli & cauliflower
<b>Option 3</b>	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling
<b>Option 4</b>	Pasta pot	Pasta pot	Pasta pot	Pasta pot	Pasta pot
<b>Option 5</b>	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling
<b>Option 6</b>	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar
<b>Dessert</b>	Pear & chocolate cake & chocolate custard	Oat & sultana crunchy biscuit	Vanilla ice cream	Lemon & blueberry cake	Shortbread

Fresh fruit bowl, yoghurt & homemade bread available daily



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## Monday 26th September - Friday 30th September 2022

	Monday 26th September	Tuesday 27th September	Wednesday 28th September	Thursday 29th September	Friday 30th September
<b>Option 1</b>	Green Earth Monday	Beef lasagne & garlic bread	Roast turkey, roast potatoes & gravy	Crispy fish burger & oven chips	Chicken & sweetcorn meatballs in arrabiata sauce & pasta
<b>Option 2</b>	Margherita pizza & potato wedges	Veggie lasagne & garlic bread	Cheese parcels & roast potatoes	Veggie hot dog & oven chips	Tomato & basil pasta bake
	Served with sweetcorn & peas	Served with broccoli & carrots	Served with country vegetables	Served with baked beans/peas	Served with peas & sweetcorn
<b>Option 3</b>	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling
<b>Option 4</b>	Pasta pot	Pasta pot	Pasta pot	Pasta pot	Pasta pot
<b>Option 5</b>	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling
<b>Option 6</b>	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar
<b>Dessert</b>	Apple crumble & custard	Arctic roll	Chocolate cookie	Mandarin jelly	Watermelon & pineapple slices

Fresh fruit bowl, yoghurt & homemade bread available daily

## Monday 3rd October - Friday 7th October 2022

	Monday 3rd October	Tuesday 4th October	Wednesday 5th October	Thursday 6th October	Friday 7th October
<b>Option 1</b>	Chicken goujons, mashed potatoes & tomato ketchup	Beef bolognese, pasta & garlic bread	Roast chicken, roast potatoes & gravy	Sausage & oven chips	Oven baked chicken pie & mashed potatoes
<b>Option 2</b>	Cheese & onion quiche & mashed potatoes	Veggie & lentil bolognese, pasta & garlic bread	Stuffed cheese and spring onion potato skins	French bread tomato pizza & oven chips	Oven baked Quorn pie & mashed potatoes
	Served with peas & carrots	Served with carrots & green beans	Served with country vegetables	Served with baked beans/peas	Served with carrots & peas
<b>Option 3</b>	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling
<b>Option 4</b>	Pasta pot	Pasta pot	Pasta pot	Pasta pot	Pasta pot
<b>Option 5</b>	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling
<b>Option 6</b>	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar
<b>Dessert</b>	Chocolate & banana cake & custard	Peach flapjack	Frozen toffee yoghurt	Apple pie & ice cream	Fruit jelly & ice cream

Fresh fruit bowl, yoghurt & homemade bread available daily



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Monday 10th October - Friday 14th October 2022

	Monday 10th October	Tuesday 11th October	Wednesday 12th October	Thursday 13th October	Friday 14th October
<b>Option 1</b>	Toad in the hole & mashed potatoes	Beef meatballs in fresh tomato sauce, pasta & garlic bread	Roast turkey, stuffing, roast potatoes & gravy	Salmon fingers & oven chips	Creamy chicken korma curry & rice
<b>Option 2</b>	Quorn toad in the hole & mashed potatoes	Quorn meatballs in fresh tomato sauce, pasta & garlic bread	Cheese & potato pie	Vegetable fingers & oven chips	Chinese vegetable & lentil curry & rice
	Served with peas & carrots	Served with carrots & green beans	Served with country vegetables	Served with baked beans/peas	Served with broccoli & cauliflower
<b>Option 3</b>	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling
<b>Option 4</b>	Pasta pot	Pasta pot	Pasta pot	Pasta pot	Pasta pot
<b>Option 5</b>	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling
<b>Option 6</b>	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar
<b>Dessert</b>	Pear & chocolate cake & chocolate custard	Oat & sultana crunchy biscuit	Vanilla ice cream	Lemon & blueberry cake	Shortbread
Fresh fruit bowl, yoghurt & homemade bread available daily					

Monday 17th October - Friday 21st October 2022

	Monday 17th October	Tuesday 18th October	Wednesday 19th October	Thursday 20th October	Friday 21st October
<b>Option 1</b>	Green Earth Monday	Beef lasagne & garlic bread	Roast turkey, roast potatoes & gravy	Crispy fish burger & oven chips	Chicken & sweetcorn meatballs in arrabiata sauce & pasta
<b>Option 2</b>	Margherita pizza & potato wedges	Veggie lasagne & garlic bread	Cheese parcels & roast potatoes	Veggie hot dog & oven chips	Tomato & basil pasta bake
	Served with sweetcorn & peas	Served with broccoli & carrots	Served with country vegetables	Served with baked beans/peas	Served with peas & sweetcorn
<b>Option 3</b>	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling
<b>Option 4</b>	Pasta pot	Pasta pot	Pasta pot	Pasta pot	Pasta pot
<b>Option 5</b>	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling
<b>Option 6</b>	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar
<b>Dessert</b>	Apple crumble & custard	Arctic roll	Chocolate cookie	Mandarin jelly	Watermelon & pineapple slices
Fresh fruit bowl, yoghurt & homemade bread available daily					