

THURLBY LUNCH MENU

Here are the details of our menu that will run from Monday 5th June - Friday 21st July 2023

	All Around the World Week		Monday 5th June - Friday 9th June 2023				
	10th - 14th July 2023		Monday 5th June	Tuesday 6th June	Wednesday 7th June	Thursday 8th June	Friday 9th June
	Monday Ham & cheese pizza or cheese & tomato pizza with Italian herb roasted potatoes, garlic bread & salad Dessert: Chocolate biscuit & gelato	Option 1	Cheese & tomato pizza & herby diced potatoes	Italian chicken & mixed rice	Roast chicken, roast potatoes & gravy	Sausage pasta bake	Fish fingers, oven chips & tomato ketchup
	Tuesday Chicken chow mein or sweet chilli Quorn & noodle stir fry with mixed salad Dessert: Mandarin orange jelly	Option 2	Jacket wedges with baked beans	Beany tomato ragu & fluffy	Quorn roast, roast potatoes	Vegetable sausage pasta bake	Macaroni cheese
	Wednesday Chicken or vegetarian currywurst in a bun with German style herby diced potatoes & sweetcorn/salad Dessert: Black Forest flapjack		or cheese Served with mixed	cous cous Served with garden peas/	& gravy Served with cauliflower/ seasonal	Served with green beans/	Served with baked
	Thursday		vegetables	carrots	greens	sweetcorn	beans/peas
	Chicken or vegetable biryani with naan bread strips & salad Dessert: Mango lassi Friday	Option 3	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling
	Roast turkey or Quorn roast with roast potatoes, mixed vegetables & gravy	Option 4	Pasta pot	Pasta pot	Pasta pot	Pasta pot	Pasta pot
	Dessert: Shortbread finger with chocolate sauce Are you entitled to Free School Meals?	Option 5	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling
	If you are in receipt of certain benefits and do not exceed the income	Option 6	Salad	Salad	Salad	Salad	Salad
	threshold, you could be entitled to free school meals. Please contact the school office for more information.	Dessert	Chocolate sponge with chocolate sauce or custard	Oat & raisin cookie	lce cream	Vanilla blondie	Strawberry sponge traybake
rec	asons. We will take into account individually diagnosed food allergies. Visit our website at www.thurlby.lincs.sch.uk for allergen information.		Fresh fruit bowl, yoghurt & homemade bread available daily				



THURLBY LUNCH MENU

	Monday 12th June - Friday 16th June 2023					
	Monday 12th June	Tuesday 13th June	Wednesday 14th June	Thursday 15th June	Friday 16th June	
Option 1	Rainbow pizza & herby diced potatoes	Chicken & sweetcorn meatballs, tomato sauce & pasta	Roast pork, roast potatoes & gravy	Sausage, Yorkshire pudding & mashed potatoes	Battered fish, oven chips & tomato ketchup	
Option 2	Jacket wedges with baked beans or cheese	Veggie burger & potato wedges	Vegetable sausage, roast potatoes & gravy	Cheese & onion pastry roll & mashed potatoes	Margherita macaroni	
	Served with sweetcorn/ peas	Served with green beans/ cauliflower	Served with carrots/ savoy cabbage	Served with mixed vegetables	Served with baked beans/peas	
Option 3	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	
Option 4	Pasta pot	Pasta pot	Pasta pot	Pasta pot	Pasta pot	
Option 5	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	
Option 6	Salad	Salad	Salad	Salad	Salad	
Dessert	Fruity jam sponge & custard	Flapjack	Jelly & mandarins	Chocolate & banana sponge traybake	Chocolate ice cream	
Fresh fruit bowl, yoghurt & homemade bread available daily						

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Detect potatoeswedgespotatoes & gravypotatoes mashedketchupJacket wedges with baked beans or cheeseVeggie mince pasta bakeVegetable sausage, roast potatoes & gravyCheese and onion quiche & diced potatoesMacaroni cheeseServed with mixed vegetables/ saladServed with peas/ sweetcornServed with spring greens/ cauliflowerServed with green beans/ carrotsServed with baked beans/ garden peasDetion 3Baguette with a choice of fillingBaguette fillingBaguette fillingBaguette fillingBaguette with a choice of choice of choice of fillingBaguette fillingBaguette with a choice of fillingBaguette fillingBaguette with a choice of fillingBaguette fillingBaguette with a choice of choice of choice of choice of fillingBaguette with a choice of fillingBaguette green beans/ carrotsBaguette with a choice of choice of choice of choice of choice of fillingBaguette with a choice of choice of fillingBaguette green beans/ carrotsBaguette with a choice of choice of choice of choice of fillingBaguette green beans/ carrotsBaguette with a choice of choice of choice of fillingBaguette with a choice of fillingBaguette green beans/ carrotsBaguette with a choice of fillingBaguette potato with a choice of fillingBaguette green beans/ carrotsBaguette green beans/ 		Monday 19th June - Friday 23rd June 2023						
Dption 1tomato pizza & herby diced potatoesPork hot dog & baked potato wedgeschicken, roast potatoes & gravymince, Yorkshire pudding & mashedFish fingers, oven chips & tomato ketchupDption 2Jacket wedges with baked beans or cheeseVeggie mince pasta bakeVeggie mince pasta bakeVeggie sausage, roast potatoes & gravyCheese and onion quiche & diced potatoesMacaroni cheeseServed with mixed vegetables/ saladServed with peas/ sweetcornServed with spring greens/ cauliflowerServed with spring green beans/ cauliflowerServed with baked beans garden peasDption 3Baguette with a choice of fillingBaguette fillingBaguette fillingBaguette gareen beans/ cauliflowerBaguette with a choice of fillingBaguette gareen beans/ cauliflowerBaguette with a choice of fillingBaguette potato with a choice of fillingBaguette gareen beans/ cauliflowerBaguette with a choice of choice of fillingBaguette baked beans potato with a choice of fillingBaguette gareen beans/ cauliflowerBaguette with a choice of fillingDption 3Pasta pot potato with a choice of fillingPasta potPasta pot fillingPasta potDption 4 Dption 5SaladSaladSaladSaladSaladDption 6SaladSaladSaladSaladSaladDption 6SaladSaladSalad <th></th> <th></th> <th></th> <th></th> <th></th> <th></th>								
Jacket wedges with baked beans or cheeseVeggie mince pasta bakesausage, roast potatoes & gravyCheese and onion quiche & diced potatoesMacaroni cheeseServed with mixed vegetables/ saladServed with peas/ sweetcornServed with spring greens/ cauliflowerServed with green beans/ carrotsServed with baked beans/ garden peasBaguette with a choice of fillingBaguette that thingBaguette that thingBaguette that thingBaguette that thingBaguette that th	Option 1	tomato pizza & herby diced	& baked potato	chicken, roast potatoes	mince, Yorkshire pudding &	oven chips & tomato		
mixed vegetables/ saladServed with peas/ sweetcornServed with greens/ cauliflowerServed with baked beans/ garden peasDetion 3Baguette with aBaguette with aBaguette 	Option 2	wedges with baked beans	mince pasta	sausage, roast potatoes	onion quiche & diced			
Option 3with a choice of fillingwith a choice of fillingwith a choice of fillingwith a choice of fillingOption 4Pasta potPasta potPasta potPasta potPasta potPasta potPasta potPasta potPasta potJacketJacketJacketJacketJacketpotato withpotato withpotato withpotato withpotato witha choice offillingfillingfillingfillingOption 5SaladSaladSaladSaladSaladSaladSaladSaladSaladSaladSaladSessertApple sponge & custardFruity flapjack with bananaOat crunch biscuitChocolate 		mixed vegetables/	peas/	spring greens/	green beans/	baked beans/		
Jption 4JacketJacketJacketJacketJacketJacketJacketJacketJacketpotato withpotato withpotato withpotato witha choice ofa choice offillingfillingfillingfillingoption 6SaladSaladSaladSaladDessertApple sponge & custardFruity flapjack with bananaOat crunch biscuitChocolate shortbread biscuitChocolate 	Option 3	with a choice of	with a choice of	with a choice of	with a choice of	with a choice of		
Jacket potato with a choice of fillingJacket potato with a choice of fillingOption 6Apple sponge & custardFruity flapjack with bananaOat crunch biscuitChocolate shortbread biscuitChocolate brownie	Ontion 4	Pasta pot	Pasta pot	Pasta pot	Pasta pot	Pasta pot		
Apple Fruity flapjack Oat crunch Chocolate Chocolate sponge & custard with banana Oat crunch biscuit biscuit	Option 5	potato with a choice of	potato with a choice of	potato with a choice of	potato with a choice of	potato with a choice of		
Dessert sponge & Fruity flapjack with banana with biscuit biscuit biscuit biscuit	Option 6	Salad	Salad	Salad	Salad	Salad		
Fresh fruit bowl, yoghurt & homemade bread available daily	Dessert							



THURLBY LUNCH MENU

Monday 26th June - Friday 30th June 2023 Monday 26th June Tuesday Wednesday Thursday Friday 30th June 27th June 28th June 29th June Roast Cheese & Fish fingers, chicken, Italian tomato pizza Sausage oven chips & herby chicken & roast **Option 1** & tomato pasta bake diced mixed rice potatoes ketchup potatoes & gravy Jacket Beany Quorn roast, Vegetable wedges with tomato ragu roast Macaroni **Option 2** sausage baked beans & fluffy potatoes cheese pasta bake or cheese cous cous & gravy Served with Served with Served with Served with Served with cauliflower/ green baked mixed garden peas/ beans/ vegetables beans/peas carrots greens sweetcorn Baguette Baguette Baguette Baguette Baguette with a with a with a with a with a **Option 3** choice of choice of choice of choice of choice of filling filling filling filling Pasta pot **Option 4** Pasta pot Pasta pot Pasta pot Pasta pot Jacket Jacket Jacket Jacket Jacket potato with potato with potato with potato with potato with **Option 5** a choice of filling filling filling filling filling **Option 6** Salad Salad Salad Salad Salad Chocolate Strawberry sponge with Dessert Oat & raisin Vanilla chocolate Ice cream sponge cookie blondie sauce or traybake custard Fresh fruit bowl, yoghurt & homemade bread available daily

Visit our website at www.thurlby.lincs.sch.uk for allergen information

	Monday 3rd July - Friday 7th July 2023					
	Monday 3rd July	Tuesday 4th July	Wednesday 5th July	Thursday 6th July	Friday 7th July	
Option 1	Rainbow pizza & herby diced potatoes	Chicken & sweetcorn meatballs, tomato sauce & pasta	Roast pork, roast potatoes & gravy	Sausage, Yorkshire pudding & mashed potatoes	Battered fish, oven chips & tomato ketchup	
Option 2	Jacket wedges with baked beans or cheese	Veggie burger & potato wedges	Vegetable sausage, roast potatoes & gravy	Cheese & onion pastry roll & mashed potatoes	Margherita macaroni	
	Served with sweetcorn/ peas	Served with green beans/ cauliflower	Served with carrots/ savoy cabbage	Served with mixed vegetables	Served with baked beans/peas	
Option 3	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	
Option 4	Pasta pot	Pasta pot	Pasta pot	Pasta pot	Pasta pot	
Option 5	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	
Option 6	Salad	Salad	Salad	Salad	Salad	
Dessert	Fruity jam sponge & custard	Flapjack	Jelly & mandarins	Chocolate & banana sponge traybake	Chocolate ice cream	
	Fresh fruit bowl, yoghurt & homemade bread available daily					



THURLBY LUNCH MENU ALL AROUND THE WORLD WEEK

	Monday 10th July - Friday 14th July 2023							
	Monday 10th July	Tuesday 11th July	Wednesday 12th July	Thursday 13th July	Friday 14th July			
Option 1	Ham & cheese pizza with Italian herb roasted potatoes &	Chicken chow mein	Chicken currywurst in a bun with German style herby diced	Chicken biryani with naan bread strips	Roast turkey, roast potatoes & gravy			
Option 2	Cheese & tomato pizza with Italian herb roasted potatoes & garlic bread	Sweet chilli Quorn & noodle stir fry	Vegetarian currywurst in a bun with German style herby diced potatoes	Vegetable biryani with naan bread strips	Quorn roast, roast potatoes & gravy			
	Served with salad	Served with mixed salad	Served with sweetcorn/ salad	Served with salad	Served with mixed vegetables			
Option 3	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling			
Option 4	Pasta pot	Pasta pot	Pasta pot	Pasta pot	Pasta pot			
Option 5	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling			
Option 6	Salad	Salad	Salad	Salad	Salad			
Dessert	Chocolate biscuit & gelato	Mandarin orange jelly	Black Forest flapjack	Mango lassi	Shortbread finger with chocolate sauce			
	Fresh fruit bowl, yoghurt & homemade bread available daily							

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	Monday 17th July - Friday 21st July 2023					
	Monday 17th July	Tuesday 18th July	Wednesday 19th July	Thursday 20th July	Friday 21st July	
Option 1	Cheese & tomato pizza & herby diced potatoes	Italian chicken & mixed rice	Roast chicken, roast potatoes & gravy	Sausage pasta bake	Fish fingers, oven chips & tomato ketchup	
Option 2	Jacket wedges with baked beans or cheese	Beany tomato ragu & fluffy cous cous	Quorn roast, roast potatoes & gravy	Vegetable sausage pasta bake	Macaroni cheese	
	Served with mixed vegetables	Served with garden peas/ carrots	Served with cauliflower/ seasonal greens	Served with green beans/ sweetcorn	Served with baked beans/peas	
Option 3	Baguette with a choice of	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	
Option 4	Pasta pot	Pasta pot	Pasta pot	Pasta pot	Pasta pot	
Option 5	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	
Option 6	Salad	Salad	Salad	Salad	Salad	
Dessert	sponge with Oat & raisin Vanilla Sponge					
	Fresh fruit bowl, yoghurt & homemade bread available daily					