



THURLBY LUNCH MENU

Here are the details of our menu that will run from Wednesday 6th September - Friday 20th October 2023 and our Theme Day Lunch for Term 1

Harvest Lunch
Thursday 5th October 2023

**Chicken nuggets, oven chips
 & baked beans/salad**
 or
**Veggie nuggets, oven chips
 & baked beans/salad**

**Marble sponge cake with
 chocolate custard**

Are you entitled to Free School Meals?

If you are in receipt of certain benefits and do not exceed the income threshold, you could be entitled to free school meals. Please contact the school office for more information.

All meals are subject to availability and may be altered at short notice for operational reasons. We will take into account individually diagnosed food allergies. Visit our website at www.thurlby.lincs.sch.uk for allergen information.

Monday 4th September - Friday 8th September 2023					
	Monday 4th September	Tuesday 5th September	Wednesday 6th September	Thursday 7th September	Friday 8th September
Option 1			Roast chicken, roast potatoes & gravy	Sausage pasta bake	Fish fingers, oven chips & tomato ketchup
Option 2			Quorn roast, roast potatoes & gravy	Vegetable sausage pasta bake	Macaroni cheese
			Served with cauliflower/seasonal greens	Served with green beans/sweetcorn	Served with baked beans/peas
Option 3			Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling
Option 4			Pasta pot	Pasta pot	Pasta pot
Option 5			Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling
Option 6			Salad	Salad	Salad
Dessert			Ice cream	Vanilla blondie	Strawberry sponge traybake
Fresh fruit bowl, yoghurt & homemade bread available daily					

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Monday 11th September - Friday 15th September 2023

	Monday 11th September	Tuesday 12th September	Wednesday 13th September	Thursday 14th September	Friday 15th September
Option 1	Rainbow pizza & herby diced potatoes	Chicken & sweetcorn meatballs, tomato sauce & pasta	Roast pork, roast potatoes & gravy	Sausage, Yorkshire pudding, mashed potatoes & gravy	Battered fish, oven chips & tomato ketchup
Option 2	Jacket wedges with baked beans or cheese	Veggie burger & potato wedges	Vegetable sausage, roast potatoes & gravy	Cheese & onion pastry roll & mashed potatoes	Margherita macaroni
	Served with sweetcorn/peas	Served with green beans/cauliflower	Served with carrots/savoy cabbage	Served with mixed vegetables	Served with baked beans/peas
Option 3	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling
Option 4	Pasta pot	Pasta pot	Pasta pot	Pasta pot	Pasta pot
Option 5	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling
Option 6	Salad	Salad	Salad	Salad	Salad
Dessert	Fruity jam sponge & custard	Flapjack	Jelly & mandarins	Chocolate & banana sponge traybake	Chocolate ice cream

Fresh fruit bowl, yoghurt & homemade bread available daily

Monday 18th September - Friday 22nd September 2023

	Monday 18th September	Tuesday 19th September	Wednesday 20th September	Thursday 21st September	Friday 22nd September
Option 1	Cheese & tomato pizza & herby diced potatoes	Pork hot dog & baked potato wedges	Roast chicken, roast potatoes & gravy	Savoury mince, Yorkshire pudding & mashed potatoes	Fish fingers, oven chips & tomato ketchup
Option 2	Jacket wedges with baked beans or cheese	Veggie mince pasta bake	Vegetable sausage, roast potatoes & gravy	Cheese and onion quiche & diced potatoes	Macaroni cheese
	Served with mixed vegetables/salad	Served with peas/sweetcorn	Served with spring greens/cauliflower	Served with green beans/carrots	Served with baked beans/garden peas
Option 3	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling
Option 4	Pasta pot	Pasta pot	Pasta pot	Pasta pot	Pasta pot
Option 5	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling
Option 6	Salad	Salad	Salad	Salad	Salad
Dessert	Apple sponge & custard	Fruity flapjack with banana	Oat crunch biscuit	Chocolate shortbread biscuit	Chocolate brownie

Fresh fruit bowl, yoghurt & homemade bread available daily



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Monday 25th September - Friday 29th September 2023

Option 1

Monday 25th September	Tuesday 26th September	Wednesday 27th September	Thursday 28th September	Friday 29th September
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Cheese & tomato pizza & herby diced potatoes	Italian chicken & mixed rice	Roast chicken, roast potatoes & gravy	Sausage pasta bake	Fish fingers, oven chips & tomato ketchup
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Option 2

Jacket wedges with baked beans or cheese	Beany tomato ragu & fluffy cous cous	Quorn roast, roast potatoes & gravy	Vegetable sausage pasta bake	Macaroni cheese
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Served with mixed vegetables	Served with garden peas/ carrots	Served with cauliflower/ seasonal greens	Served with green beans/ sweetcorn	Served with baked beans/peas
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Option 3

Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling
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Option 4

Pasta pot	Pasta pot	Pasta pot	Pasta pot	Pasta pot
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Option 5

Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling
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Option 6

Salad	Salad	Salad	Salad	Salad
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Dessert

Chocolate sponge with chocolate sauce or custard	Oat & raisin cookie	Ice cream	Vanilla blondie	Strawberry sponge traybake
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Fresh fruit bowl, yoghurt & homemade bread available daily

Monday 2nd October - Friday 6th October 2023

Option 1

Monday 2nd October	Tuesday 3rd October	Wednesday 4th October	Thursday 5th October	Friday 6th October
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Rainbow pizza & herby diced potatoes	Chicken & sweetcorn meatballs, tomato sauce & pasta	Roast pork, roast potatoes & gravy	Chicken nuggets & oven chips	Battered fish, oven chips & tomato ketchup
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Option 2

Jacket wedges with baked beans or cheese	Veggie burger & potato wedges	Vegetable sausage, roast potatoes	Veggie nuggets & oven chips	Margherita macaroni
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Served with sweetcorn/ peas	Served with green beans/ cauliflower	Served with carrots/ savoy cabbage	Served with baked beans/salad	Served with baked beans/peas
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Option 3

Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling
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Option 4

Pasta pot	Pasta pot	Pasta pot	Pasta pot	Pasta pot
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Option 5

Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling
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Option 6

Salad	Salad	Salad	Salad	Salad
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Dessert

Fruity jam sponge & custard	Flapjack	Jelly & mandarins	Marble sponge cake & chocolate custard	Chocolate ice cream
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Fresh fruit bowl, yoghurt & homemade bread available daily



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Monday 9th October - Friday 13th October 2023					
	Monday 9th October	Tuesday 10th October	Wednesday 11th October	Thursday 12th October	Friday 13th October
Option 1	Cheese & tomato pizza & herby diced potatoes	Pork hot dog & baked potato wedges	Roast chicken, roast potatoes & gravy	Savoury mince, Yorkshire pudding & mashed potatoes	Fish fingers, oven chips & tomato ketchup
Option 2	Jacket wedges with baked beans or cheese	Veggie mince pasta bake	Vegetable sausage, roast potatoes & gravy	Cheese and onion quiche & diced potatoes	Macaroni cheese
	Served with mixed vegetables/ salad	Served with peas/ sweetcorn	Served with spring greens/ cauliflower	Served with green beans/ carrots	Served with baked beans/ garden peas
Option 3	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling
Option 4	Pasta pot	Pasta pot	Pasta pot	Pasta pot	Pasta pot
Option 5	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling
Option 6	Salad	Salad	Salad	Salad	Salad
Dessert	Apple sponge & custard	Fruity flapjack with banana	Oat crunch biscuit	Chocolate shortbread biscuit	Chocolate brownie
Fresh fruit bowl, yoghurt & homemade bread available daily					

Monday 16th October - Friday 20th October 2023					
	Monday 16th October	Tuesday 17th October	Wednesday 18th October	Thursday 19th October	Friday 20th October
Option 1	Cheese & tomato pizza & herby diced potatoes	Italian chicken & mixed rice	Roast chicken, roast potatoes & gravy	Sausage pasta bake	Fish fingers, oven chips & tomato ketchup
Option 2	Jacket wedges with baked beans or cheese	Beany tomato ragu & fluffy cous cous	Quorn roast, roast potatoes & gravy	Vegetable sausage pasta bake	Macaroni cheese
	Served with mixed vegetables	Served with garden peas/ carrots	Served with cauliflower/ seasonal greens	Served with green beans/ sweetcorn	Served with baked beans/ peas
Option 3	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling
Option 4	Pasta pot	Pasta pot	Pasta pot	Pasta pot	Pasta pot
Option 5	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling
Option 6	Salad	Salad	Salad	Salad	Salad
Dessert	Chocolate sponge with chocolate sauce or custard	Oat & raisin cookie	Ice cream	Vanilla blondie	Strawberry sponge traybake
Fresh fruit bowl, yoghurt & homemade bread available daily					