

# THURLBY LUNCH MENU

Here are the details of our menu that will run from Wednesday 3rd January to Friday 9th February 2024  
and our Theme Day Lunches for Term 3.

## Winter Warmer Lunch

Thursday 18th January 2024

*Pork hot dog, skin on baked  
wedges & baked beans/  
sweetcorn*

*or*

*Quorn hot dog, skin on baked  
wedges & baked beans/  
sweetcorn*

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*Jam biscuit*

## Friday 9th February

Cupid's chicken nuggets,  
chips & baked beans/peas

or

Valentine veggie nuggets,  
chips & baked beans/peas

xxxxxx

Heart shaped cookie

Valentine's Lunch

### Are you entitled to Free School Meals?

If you are in receipt of certain benefits and do not exceed the income threshold, you could be entitled to free school meals. Please contact the school office for more information.

All meals are subject to availability and may be altered at short notice for operational reasons. We will take into account individually diagnosed food allergies.

# THURLBY LUNCH MENU

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Monday 1st January - Friday 5th January 2024					
	Monday 1st January	Tuesday 2nd January	Wednesday 3rd January	Thursday 4th January	Friday 5th January
Option 1	C H R I S T M A S  H O L I D A Y	T R A I N I N G  D A Y	Filled Yorkshire pudding with beef and vegetable mince & roast potatoes	Pork sausage roll & skin on baked wedges	Cod fish fingers & chips
Option 2			Quorn sausage casserole in a Yorkshire pudding	Cheese and onion pastry roll & skin on baked wedges	Mediterranean vegetable pasta bake
Option 3			Served with carrots/ seasonal greens	Served with green beans/ sweetcorn	Served with baked beans/ peas
Option 4			Pasta pot	Pasta pot	Pasta pot
			Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo
Dessert			Fruity strawberry jelly & mandarin segments	Homemade vanilla sponge & custard	Chocolate shortbread
			Fresh fruit bowl, yoghurt & homemade bread available daily		

Monday 8th January - Friday 12th January 2024					
	Monday 8th January	Tuesday 9th January	Wednesday 10th January	Thursday 11th January	Friday 12th January
Option 1	Homemade cheese and tomato pizza & garlic bread	Hearty pasta bolognese with peppers	Toad in the hole, roast potatoes & gravy	Mexican style chicken, bean & sweetcorn burrito	Cod fish fingers & chips
Option 2	Loaded cheesy bean hot pitta parcel	Plant-based bolognese pasta with lentils, peppers & basil	Quorn sausage toad in the hole, roast potatoes & gravy	Homemade macaroni cheese	Cheese and onion pastry roll & chips
Option 3	Served with sweetcorn/ peas	Served with green beans/ carrots	Served with cauliflower/ seasonal greens	Served with mixed vegetables/ sweetcorn	Served with baked beans/peas
Option 4	Pasta pot	Pasta pot	Pasta pot	Pasta pot	Pasta pot
	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo
Dessert	Apple & sultana crumble bar	Homemade lemon cake & custard	Banana cake & fruit slices	Chocolate cookie	Fruity strawberry jelly
Fresh fruit bowl, yoghurt & homemade bread available daily					

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Monday 15th January - Friday 19th January 2024

	Monday 15th January	Tuesday 16th January	Wednesday 17th January	Thursday 18th January	Friday 19th January
<b>Option 1</b>	Homemade macaroni cheese	Smoky barbeque chicken and sweetcorn meatballs & rice	Roast chicken, roast potatoes & gravy	Pork hot dog & skin on baked wedges	Cod fish fingers & chips
<b>Option 2</b>	Quorn sausage and bean loaded hot pockets	Plant-based mince and lentil cottage pie	Quorn sausage, roast potatoes & gravy	Quorn hot dog & skin on baked wedges	Cheese and onion pastry roll & chips
	Served with sweetcorn/cauliflower	Served with mixed vegetables/peas	Served with seasonal greens/carrots	Served with baked beans/sweetcorn	Served with baked beans/peas
<b>Option 3</b>	Pasta pot	Pasta pot	Pasta pot	Pasta pot	Pasta pot
<b>Option 4</b>	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo
<b>Dessert</b>	Oaty flapjack finger with fruit	Chocolate banana cake	Orange jelly	Jam biscuit	Shortbread & mandarin pieces
Fresh fruit bowl, yoghurt & homemade bread available daily					

Monday 22nd January - Friday 26th January 2024

	Monday 22nd January	Tuesday 23rd January	Wednesday 24th January	Thursday 25th January	Friday 26th January
<b>Option 1</b>	Homemade macaroni cheese	Chicken and Indian lentil tikka masala curry & rice	Filled Yorkshire pudding with beef and vegetable mince & roast potatoes	Pork sausage roll & skin on baked wedges	Cod fish fingers & chips
<b>Option 2</b>	Mexican bean and roasted vegetable burrito	Cheese and tomato pizza & garlic bread	Quorn sausage casserole in a Yorkshire pudding	Cheese and onion pastry roll & skin on baked wedges	Mediterranean vegetable pasta bake
	Served with mixed vegetables/sweetcorn	Served with peas/cauliflower	Served with carrots/seasonal greens	Served with green beans/sweetcorn	Served with baked beans/peas
<b>Option 3</b>	Pasta pot	Pasta pot	Pasta pot	Pasta pot	Pasta pot
<b>Option 4</b>	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo
<b>Dessert</b>	Oaty flapjack finger	Homemade apple sponge cake	Fruity strawberry jelly & mandarin segments	Homemade vanilla sponge & custard	Chocolate shortbread
Fresh fruit bowl, yoghurt & homemade bread available daily					

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Monday 29th January - Friday 2nd February 2024					
	Monday 29th January	Tuesday 30th January	Wednesday 31st January	Thursday 1st February	Friday 2nd February
Option 1	Homemade cheese and tomato pizza & garlic bread	Hearty pasta bolognese with peppers	Toad in the hole, roast potatoes & gravy	Mexican style chicken, bean and sweetcorn burrito	Cod fish fingers & chips
	Loaded cheesy bean hot pitta parcel	Plant-based bolognese pasta with lentils, peppers & basil	Quorn sausage toad in the hole, roast potatoes & gravy	Homemade macaroni cheese	Cheese and onion pastry roll & chips
Option 2	Served with sweetcorn/peas	Served with green beans/carrots	Served with cauliflower/seasonal greens	Served with mixed vegetables/sweetcorn	Served with baked beans/peas
	Pasta pot	Pasta pot	Pasta pot	Pasta pot	Pasta pot
Option 3	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo
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Option 4	Apple & sultana crumble bar	Homemade lemon cake & custard	Banana cake & fruit slices	Chocolate cookie	Fruity strawberry jelly
	Apple & sultana crumble bar	Homemade lemon cake & custard	Banana cake & fruit slices	Chocolate cookie	Fruity strawberry jelly
Dessert	Apple & sultana crumble bar	Homemade lemon cake & custard	Banana cake & fruit slices	Chocolate cookie	Fruity strawberry jelly
Fresh fruit bowl, yoghurt & homemade bread available daily					

Monday 5th February - Friday 9th February 2024					
	Monday 5th February	Tuesday 6th February	Wednesday 7th February	Thursday 8th February	Friday 9th February
Option 1	Homemade macaroni cheese	Smoky barbeque chicken and sweetcorn meatballs & rice	Roast chicken, roast potatoes & gravy	Beef mince chilli & rice	Chicken nuggets & chips
	Quorn sausage and bean loaded hot pockets	Plant-based mince and lentil cottage pie	Quorn sausage, roast potatoes & gravy	Homemade cheese and tomato pizza & garlic bread	Veggie nuggets & chips
Option 2	Served with sweetcorn/cauliflower	Served with mixed vegetables/peas	Served with seasonal greens/carrots	Served with green beans/cauliflower	Served with baked beans/peas
	Pasta pot	Pasta pot	Pasta pot	Pasta pot	Pasta pot
Option 3	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo
	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo
Option 4	Oaty flapjack finger with fruit	Chocolate banana cake	Orange jelly	Citrusy lemon drizzle cake	Heart shaped cookie
	Oaty flapjack finger with fruit	Chocolate banana cake	Orange jelly	Citrusy lemon drizzle cake	Heart shaped cookie
Dessert	Oaty flapjack finger with fruit	Chocolate banana cake	Orange jelly	Citrusy lemon drizzle cake	Heart shaped cookie
Fresh fruit bowl, yoghurt & homemade bread available daily					