



THURLBY LUNCH MENU

Here are the details of our menu that will run from Wednesday 4th September to Friday 18th October 2024 and our Theme Day Lunch for Term 1. The other regular options will also be available on the Theme Day.

Harvest Lunch

Thursday 3rd October 2024

Chicken nuggets, skin on baked potato wedges & baked beans/mixed fresh salad

or

Veggie nuggets, skin on baked potato wedges & baked beans/mixed fresh salad

Apple pie & custard

Are you entitled to Free School Meals?

If you are in receipt of certain benefits and do not exceed the income threshold, you could be entitled to free school meals. Please contact the school office for more information.

All meals are subject to availability and may be altered at short notice for operational reasons. We will take into account individually diagnosed food allergies. Visit our website at www.thurlby.lincs.sch.uk for allergen information.

Monday 2nd September - Friday 6th September 2024					
	Monday 2nd September	Tuesday 3rd September	Wednesday 4th September	Thursday 5th September	Friday 6th September
Option 1			Chicken pie with mashed potatoes	Creamy korma style chicken and lentil curry with mixed rice	Friday fish fingers with chips & tomato ketchup
	T	T			
Option 2			Veggie mince and vegetable pie with mashed potatoes	Sweet potato, spinach and chickpea korma with mixed rice	Macaroni cheese
	R	R			
Option 3			Served with a selection of daily vegetables & mixed fresh salad	Served with a selection of daily vegetables & mixed fresh salad	Served with a selection of daily vegetables & mixed fresh salad
	A	A			
Option 4			Pasta pot	Pasta pot	Pasta pot
	I	I			
Option 4			Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo
	N	N			
Option 4					
	G	G			
Option 4					
	D	D			
Option 4					
	A	A			
Option 4					
	Y	Y			
Dessert			Iced banana traybake	Oat cookie	Marble sponge
			Fresh fruit bowl, yoghurt & homemade bread available daily		



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Monday 9th September - Friday 13th September 2024

	Monday 9th September	Tuesday 10th September	Wednesday 11th September	Thursday 12th September	Friday 13th September
Option 1	Wholemeal cheese & tomato pizza with wholemeal garlic bread	Summer hot dog baguette with freshly made coleslaw salad	Roast gammon with skin on roast potatoes & gravy	Beef bolognese & penne pasta	Friday fish fingers with chips & tomato ketchup
Option 2	Vegetable enchiladas with sunny vegetable rice	Summer veggie sausage hot dog baguette with freshly made coleslaw salad	Veggie mince cottage pie	Veggie mince bolognese & penne pasta	Cheese and onion puff pastry roll with chips & tomato ketchup
	Served with a selection of daily vegetables & mixed fresh salad	Served with a selection of daily vegetables & mixed fresh salad	Served with a selection of daily vegetables & mixed fresh salad	Served with a selection of daily vegetables & mixed fresh salad	Served with a selection of daily vegetables & mixed fresh salad
Option 3	Pasta pot	Pasta pot	Pasta pot	Pasta pot	Pasta pot
Option 4	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo
Dessert	Strawberry jelly	Vanilla & mandarin traybake	Freshly baked chocolate cookie	Flapjack finger	Homemade shortbread biscuits
Fresh fruit bowl, yoghurt & homemade bread available daily					

Monday 16th September - Friday 20th September 2024

	Monday 16th September	Tuesday 17th September	Wednesday 18th September	Thursday 19th September	Friday 20th September
Option 1	Wholemeal cheese and tomato pizza with wholemeal garlic bread	Farm assured pork sausage roll with homemade skin on baked potato wedges	Gently spiced Moroccan chicken & summer vegetable rainbow couscous	Korean style sticky BBQ chicken & vegetables with noodles	Friday fish fingers with chips & tomato ketchup
Option 2	Mildly spiced vegetable chilli & rice	Cheese and onion puff pastry roll with homemade skin on baked potato wedges	Gently spiced Moroccan roasted chickpea tagine & summer vegetable rainbow couscous	Korean style sticky BBQ Quorn, vegetables & noodles	Homemade cheese and tomato pizza whirl & chips
	Served with a selection of daily vegetables & mixed fresh salad	Served with a selection of daily vegetables & mixed fresh salad	Served with a selection of daily vegetables & mixed fresh salad	Served with a selection of daily vegetables & mixed fresh salad	Served with a selection of daily vegetables & mixed fresh salad
Option 3	Pasta pot	Pasta pot	Pasta pot	Pasta pot	Pasta pot
Option 4	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo
Dessert	Tutti frutti jelly & mandarins	Baked apple sponge	Freshly baked vanilla cookie	Zesty lemon & blueberry yoghurt cake	Homemade flapjack
Fresh fruit bowl, yoghurt & homemade bread available daily					



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Monday 23rd September - Friday 27th September 2024

Monday 23rd September	Tuesday 24th September	Wednesday 25th September	Thursday 26th September	Friday 27th September
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Option 1	Wholemeal cheese & tomato pizza with wholemeal garlic bread	Pork sausage & hash browns	Chicken pie with mashed potatoes	Creamy korma style chicken and lentil curry with mixed rice	Friday fish fingers with chips & tomato ketchup
	Creamy vegetable penne pasta carbonara	Veggie sausage & hash browns	Veggie mince and vegetable pie with mashed potatoes	Sweet potato, spinach and chickpea korma with mixed rice	Macaroni cheese
Option 2	Served with a selection of daily vegetables & mixed fresh salad	Served with a selection of daily vegetables & mixed fresh salad	Served with a selection of daily vegetables & mixed fresh salad	Served with a selection of daily vegetables & mixed fresh salad	Served with a selection of daily vegetables & mixed fresh salad
	Pasta pot	Pasta pot	Pasta pot	Pasta pot	Pasta pot
Option 3	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo
	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo
Option 4	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo
	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo
Dessert	Chocolate ice cream	Chocolate shortbread biscuits	Iced banana traybake	Oat cookie	Marble sponge
	Chocolate ice cream	Chocolate shortbread biscuits	Iced banana traybake	Oat cookie	Marble sponge

Fresh fruit bowl, yoghurt & homemade bread available daily

Monday 30th September - Friday 4th October 2024

Monday 30th September	Tuesday 1st October	Wednesday 2nd October	Thursday 3rd October	Friday 4th October
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Option 1	Wholemeal cheese & tomato pizza with wholemeal garlic bread	Summer hot dog baguette with freshly made coleslaw salad	Roast gammon with skin on roast potatoes & gravy	Chicken nuggets & skin on baked potato wedges	Friday fish fingers with chips & tomato ketchup
	Vegetable enchiladas with sunny vegetable rice	Summer veggie sausage hot dog baguette with freshly made coleslaw salad	Veggie mince cottage pie	Veggie nuggets & skin on baked potato wedges	Cheese and onion puff pastry roll with chips & tomato ketchup
Option 2	Served with a selection of daily vegetables & mixed fresh salad	Served with a selection of daily vegetables & mixed fresh salad	Served with a selection of daily vegetables & mixed fresh salad	Served with baked beans/ mixed fresh salad	Served with a selection of daily vegetables & mixed fresh salad
	Pasta pot	Pasta pot	Pasta pot	Pasta pot	Pasta pot
Option 3	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo
	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo
Option 4	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo
	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo
Dessert	Strawberry jelly	Vanilla & mandarin traybake	Freshly baked chocolate cookie	Apple pie & custard	Homemade shortbread biscuits
	Strawberry jelly	Vanilla & mandarin traybake	Freshly baked chocolate cookie	Apple pie & custard	Homemade shortbread biscuits

Fresh fruit bowl, yoghurt & homemade bread available daily



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Monday 7th October - Friday 11th October 2024					
	Monday 7th October	Tuesday 8th October	Wednesday 9th October	Thursday 10th October	Friday 11th October
Option 1	Wholemeal cheese and tomato pizza with wholemeal garlic bread	Farm assured pork sausage roll with homemade skin on baked potato wedges	Gently spiced Moroccan chicken & summer vegetable rainbow couscous	Korean style sticky BBQ chicken & vegetables with noodles	Friday fish fingers with chips & tomato ketchup
	Mildly spiced vegetable chilli & rice	Cheese and onion puff pastry roll with homemade skin on baked potato wedges	Gently spiced Moroccan roasted chickpea tagine & summer vegetable rainbow couscous	Korean style sticky BBQ Quorn, vegetables & noodles	Homemade cheese and tomato pizza whirl & chips
Option 2	Served with a selection of daily vegetables & mixed fresh salad	Served with a selection of daily vegetables & mixed fresh salad	Served with a selection of daily vegetables & mixed fresh salad	Served with a selection of daily vegetables & mixed fresh salad	Served with a selection of daily vegetables & mixed fresh salad
	Pasta pot	Pasta pot	Pasta pot	Pasta pot	Pasta pot
Option 3	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo
	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo
Option 4	Tutti frutti jelly & mandarins	Baked apple sponge	Freshly baked vanilla cookie	Zesty lemon & blueberry yoghurt cake	Homemade flapjack
	Fresh fruit bowl, yoghurt & homemade bread available daily				

Monday 14th October - Friday 18th October 2024					
	Monday 14th October	Tuesday 15th October	Wednesday 16th October	Thursday 17th October	Friday 18th October
Option 1	Wholemeal cheese & tomato pizza with wholemeal garlic bread	Pork sausage & hash browns	Chicken pie with mashed potatoes	Creamy korma style chicken and lentil curry with mixed rice	Friday fish fingers with chips & tomato ketchup
	Creamy vegetable penne pasta carbonara	Veggie sausage & hash browns	Veggie mince and vegetable pie with mashed potatoes	Sweet potato, spinach and chickpea korma with mixed rice	Macaroni cheese
Option 2	Served with a selection of daily vegetables & mixed fresh salad	Served with a selection of daily vegetables & mixed fresh salad	Served with a selection of daily vegetables & mixed fresh salad	Served with a selection of daily vegetables & mixed fresh salad	Served with a selection of daily vegetables & mixed fresh salad
	Pasta pot	Pasta pot	Pasta pot	Pasta pot	Pasta pot
Option 3	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo
	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo	Jacket potato with a mixed salad and beans, cheese or tuna mayo
Option 4	Chocolate ice cream	Chocolate shortbread biscuits	Iced banana traybake	Oat cookie	Marble sponge
	Fresh fruit bowl, yoghurt & homemade bread available daily				