

Menu Week 1

7th Sept, 28th Sept, 19th Oct 2026

Eativerse
A UNIVERSE OF FOOD AND DRINK

WEEK ONE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PLANET PIZZA THURSDAY	FISH FRIDAY
Main Meal Option 1	Sausage in a Roll with Tomato Pasta Salad	Mild Beef & Bean Chilli & Yellow Rice 	Roast Chicken, Gravy, Stuffing & Roast Potatoes	Sausage & Sweetcorn Pizza with Homemade Wedges 	Fish Fingers & Chips 
Main Meal Option 2	Vegetable Sausage in a Roll with Tomato Pasta Salad ^{VG} 	Macaroni Cheese with Vegetables or Salad	Pitta Bread Filled with Plant-based Meatballs in an Arrabbiata Sauce with Vegetable Sticks ^{VG} 	Margherita Pizza Slice with Homemade Wedges 	Cheese & Onion Bake & Chips
Vegetables	Coleslaw & Garden Peas 	Vegetable Sticks or Sweetcorn 	Seasonal Greens & Carrots 	Broccoli, Carrots & Cauliflower or Mixed Salad 	Garden Peas, Baked Beans 
Baguettes	Freshly Made Baguette with Cheddar, Tuna Mayonnaise or Ham				
Pasta Pot	Pasta Pot with Tomato Sauce, Cheese or Tomato Sauce & Cheese				
Baked Jacket Potatoes	Jacket Potato with Beans ^{VG} Cheesy Beans, Tuna Mayo or Cheese 				
Dessert	Chocolate Fudge Cake	Shortbread	Strawberry Jelly ^{VG}	Fruit Slices & Vanilla Cookie ^{VG} 	Vanilla or Chocolate Ice Cream

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Vegan

VG

England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

Menu Week 2

14th Sept, 5th Oct 2026

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WEEK TWO	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PLANET PIZZA THURSDAY	FISH FRIDAY
Main Meal Option 1	Sausage & Mash with Gravy	Beef Lasagne with Garlic Bread 	Roast Gammon, Gravy, Yorkshire Pudding & Roast Potatoes	Rainbow Vegetable Pizza with Homemade Wedges 	Battered Pollock & Chips 
Main Meal Option 2	Veggie Sausage & Mash with Gravy ^{VG} 	Plant-based Lasagne with Garlic Bread 	Pasta Twists and Plant-based Meatballs in an Arrabbiata Sauce ^{VG} with Garlic Bread 	Cheese & Spring Onion Loaded Potato Skins	Mexican Enchilada & Chips 
Vegetables	Broccoli, Sweetcorn & Baked Beans 	Broccoli, Cauliflower & Carrots 	Seasonal Greens & Carrots 	Garden Peas & Sliced Carrots 	Garden Peas & Baked Beans 
Baguettes	Freshly Made Baguette with Cheddar, Tuna Mayonnaise or Ham				
Pasta Pot	Pasta Pot with Tomato Sauce, Cheese or Tomato Sauce & Cheese				
Baked Jacket Potatoes	Jacket Potato with Beans ^{VG} Cheesy Beans, Tuna Mayo or Cheese 				
Dessert	Banana Bread Cookie	Raspberry Jelly & Fruit Slices ^{VG} 	Blueberry Sponge Cake	Fruit Slices & Flapjack ^{VG} 	Chocolate Mousse

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 	Vegan 	VG
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England's target for 'free sugar' intake for your child
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Menu Week 3

31st Aug, 21st Sept

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WEEK THREE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PLANET PIZZA THURSDAY	FISH FRIDAY
Main Meal Option 1	Burger with Potato Wedges 	Sweet & Sour Chicken with Yellow Rice 	Roast Chicken, Gravy, Yorkshire Pudding & Roast Potatoes	Margherita Pizza with Homemade Wedges 	Fish Fingers & Chips 
Main Meal Option 2	Vegetable Burger with Potato Wedges 	Macaroni Cheese with Vegetables or Salad	Vegetarian Keema Puff Pastry Slice with Roast Potatoes 	Cheese & Onion Roll with Homemade Wedges	Vegetable Fingers & Chips ^{VG}
Vegetables	Sweetcorn & Baked Beans 	Broccoli, Cauliflower & Carrots 	Seasonal Greens, Carrots & Salad 	Broccoli, Sweetcorn & Coleslaw 	Garden Peas & Baked Beans 
Baguettes	Freshly Made Baguette with Cheddar, Tuna Mayonnaise or Ham				
Pasta Pot	Pasta Pot with Tomato Sauce, Cheese or Tomato Sauce & Cheese				
Baked Jacket Potatoes	Jacket Potato with Beans ^{VG} Cheesy Beans, Tuna Mayo or Cheese 				
Dessert	Chocolate Cookie ^{VG}	Pineapple Upside Down Cake & Custard 	Orange Jelly ^{VG}	Chocolate & Apple Cake 	Iced Sponge Cake with Sprinkles

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Vegan

VG

England's target for 'free sugar' intake for your child

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Menu Week 1

7th Sept – BACK TO SCHOOL LUNCH THEME DAY

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WEEK ONE	BACK TO SCHOOL MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PLANET PIZZA THURSDAY	FISH FRIDAY
Main Meal Option 1	Sausage Roll with Chips	Mild Beef & Bean Chilli & Yellow Rice 	Roast Chicken, Gravy, Stuffing & Roast Potatoes	Sausage & Sweetcorn Pizza with Homemade Wedges 	Fish Fingers & Chips 
Main Meal Option 2	Cheese and Tomato Pizza Baguette with Chips	Macaroni Cheese with Vegetables or Salad	Pitta Bread Filled with Plant-based Meatballs in an Arrabbiata Sauce with Vegetable Sticks ^{VG} 	Margherita Pizza Slice with Homemade Wedges 	Cheese & Onion Bake & Chips
Vegetables	Beans or Sweetcorn 	Vegetable Sticks or Sweetcorn 	Seasonal Greens & Carrots 	Broccoli, Carrots & Cauliflower or Mixed Salad 	Garden Peas, Baked Beans 
Baguettes	Freshly Made Baguette with Cheddar, Tuna Mayonnaise or Ham				
Pasta Pot	Pasta Pot with Tomato Sauce, Cheese or Tomato Sauce & Cheese				
Baked Jacket Potatoes	Jacket Potato with Beans ^{VG} Cheesy Beans, Tuna Mayo or Cheese 				
Dessert	Chocolate Crunch	Shortbread	Strawberry Jelly ^{VG}	Fruit Slices & Vanilla Cookie ^{VG} 	Vanilla or Chocolate Ice Cream

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Vegan

VG

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Menu Week 1

Thursday 1st October – THEME DAY – CENSUS DAY THURSDAY

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WEEK ONE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	CENSUS DAY THURSDAY	FISH FRIDAY
Main Meal Option 1	Sausage in a Roll with Tomato Pasta Salad	Mild Beef & Bean Chilli & Yellow Rice 	Roast Chicken, Gravy, Stuffing & Roast Potatoes	Chicken Nuggets & Chips	Fish Fingers & Chips 
Main Meal Option 2	Vegetable Sausage in a Roll with Tomato Pasta Salad ^{VG} 	Macaroni Cheese with Vegetables or Salad	Pitta Bread Filled with Plant-based Meatballs in an Arrabbiata Sauce with Vegetable Sticks ^{VG} 	Vegetarian Nuggets and Chips 	Cheese & Onion Bake & Chips
Vegetables	Coleslaw & Garden Peas 	Vegetable Sticks or Sweetcorn 	Seasonal Greens & Carrots 	Spaghetti Hoops or Peas 	Garden Peas, Baked Beans 
Baguettes	Freshly Made Baguette with Cheddar, Tuna Mayonnaise or Ham				
Pasta Pot	Pasta Pot with Tomato Sauce, Cheese or Tomato Sauce & Cheese				
Baked Jacket Potatoes	Jacket Potato with Beans ^{VG} Cheesy Beans, Tuna Mayo or Cheese 				
Dessert	Chocolate Fudge Cake	Shortbread	Strawberry Jelly ^{VG}	Iced Chocolate Sponge Cake	Vanilla or Chocolate Ice Cream

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Vegan

VG

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