

Menu Week

2nd November

Eativerse
A UNIVERSE OF FOOD AND DRINK

WEEK THREE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	BONFIRE LUNCH	FISH FRIDAY
Main Meal Option 1	Burger with Potato Wedges 	Sweet & Sour Chicken with Yellow Rice 	Roast Chicken, Gravy, Yorkshire Pudding, & Roast Potatoes	 Hotdog & Wedges	Fish Fingers & Chips 
Main Meal Option 2	Vegetable Burger with Potato Wedges 	Macaroni Cheese with Vegetables or Salad	Vegetarian Keema Puff Pastry Slice with Roast Potatoes 	Vegetarian Hotdog & Wedges 	Vegetable Fingers & Chips ^{VG}
Vegetables	Sweetcorn & Baked Beans 	Broccoli, Cauliflower & Carrots 	Seasonal Greens, Carrots & Salad 	Beans & Salad 	Garden Peas & Baked Beans 
Baguettes	Freshly Made Baguette with Cheddar, Tuna Mayonnaise or Ham				
Pasta Pot	Pasta Pot with Tomato Sauce, Cheese or Tomato Sauce & Cheese				
Baked Jacket Potatoes	Jacket Potato with Beans ^{VG} Cheesy Beans, Tuna Mayo or Cheese 				
Dessert	Chocolate Cookie ^{VG}	Iced Sponge Cake with Sprinkles	Orange Jelly ^{VG}	Crunchy Chocolate Slice	Chocolate Crunch

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Vegan

VG

England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

Menu Week

9th November, 30th November

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WEEK ONE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PLANET PIZZA THURSDAY	FISH FRIDAY
Main Meal Option 1	Sausage in a Roll with Tomato Pasta Salad	Mild Beef & Bean Chilli & Yellow Rice 	Roast Chicken, Gravy, Stuffing & Roast Potatoes	Sausage & Sweetcorn Pizza with Homemade Wedges 	Fish Fingers & Chips 
Main Meal Option 2	Vegetable Sausage in a Roll with Tomato Pasta Salad ^{VG} 	Macaroni Cheese with Vegetables or Salad	Pitta Bread Filled with Plant-based Meatballs in an Arrabbiata Sauce with Vegetable Sticks ^{VG} 	Margherita Pizza Slice with Homemade Wedges 	Cheese & Onion Bake & Chips
Vegetables	Coleslaw & Garden Peas 	Vegetable Sticks or Sweetcorn 	Seasonal Greens & Carrots 	Broccoli, Carrots & Cauliflower or Mixed Salad 	Garden Peas, Baked Beans 
Baguettes	Freshly Made Baguette with Cheddar, Tuna Mayonnaise or Ham				
Pasta Pot	Pasta Pot with Tomato Sauce, Cheese or Tomato Sauce & Cheese				
Baked Jacket Potatoes	Jacket Potato with Beans ^{VG} Cheesy Beans, Tuna Mayo or Cheese 				
Dessert	Chocolate Fudge Cake	Shortbread	Strawberry Jelly ^{VG}	Fruit Slices & Vanilla Cookie ^{VG} 	Chocolate Crunch

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Vegan

VG

England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

Menu Week

16th November, 7th December

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WEEK TWO	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PLANET PIZZA THURSDAY	FISH FRIDAY
Main Meal Option 1	Sausage & Mash with Gravy	Beef Lasagne with Garlic Bread 	Roast Gammon, Gravy, Yorkshire Pudding & Roast Potatoes	Rainbow Vegetable Pizza with Homemade Wedges 	Battered Pollock & Chips 
Main Meal Option 2	Veggie Sausage & Mash with Gravy ^{VG} 	Plant-based Lasagne with Garlic Bread 	Pasta Twists and Plant-based Meatballs in an Arrabbiata Sauce ^{VG} with Garlic Bread 	Cheese & Spring Onion Loaded Potato Skins	Mexican Enchilada & Chips 
Vegetables	Broccoli, Sweetcorn & Baked Beans 	Broccoli, Cauliflower & Carrots 	Seasonal Greens & Carrots 	Garden Peas & Sliced Carrots 	Garden Peas & Baked Beans 
Baguettes	Freshly Made Baguette with Cheddar, Tuna Mayonnaise or Ham				
Pasta Pot	Pasta Pot with Tomato Sauce, Cheese or Tomato Sauce & Cheese				
Baked Jacket Potatoes	Jacket Potato with Beans ^{VG} Cheesy Beans, Tuna Mayo or Cheese 				
Dessert	Banana Bread Cookie	Raspberry Jelly & Fruit Slices ^{VG} 	Chocolate Mousse	Fruit Slices & Flapjack ^{VG} 	Chocolate Crunch

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Vegan

VG

England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

Menu Week

23rd November

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WEEK THREE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PLANET PIZZA THURSDAY	FISH FRIDAY
Main Meal Option 1	Burger with Potato Wedges 	Sweet & Sour Chicken with Yellow Rice 	Roast Chicken, Gravy, Yorkshire Pudding & Roast Potatoes	Margherita Pizza with Homemade Wedges 	Fish Fingers & Chips 
Main Meal Option 2	Vegetable Burger with Potato Wedges 	Macaroni Cheese with Vegetables or Salad	Vegetarian Keema Puff Pastry Slice with Roast Potatoes 	Cheese & Onion Roll with Homemade Wedges	Vegetable Fingers & Chips ^{VG}
Vegetables	Sweetcorn & Baked Beans 	Broccoli, Cauliflower & Carrots 	Seasonal Greens, Carrots & Salad 	Broccoli, Sweetcorn & Coleslaw 	Garden Peas & Baked Beans 
Baguettes	Freshly Made Baguette with Cheddar, Tuna Mayonnaise or Ham				
Pasta Pot	Pasta Pot with Tomato Sauce, Cheese or Tomato Sauce & Cheese				
Baked Jacket Potatoes	Jacket Potato with Beans ^{VG} Cheesy Beans, Tuna Mayo or Cheese 				
Dessert	Chocolate Cookie ^{VG}	Iced Sponge Cake with Sprinkles	Orange Jelly ^{VG}	Chocolate Sponge Cake	Chocolate Crunch

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Vegan

VG

England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

WEEK THREE	FAVOURITES MONDAY	WORLD TUESDAY	CHRISTMAS LUNCH	PLANET PIZZA	FISH FRIDAY	
Main Meal Option 1	Burger with Potato Wedges 	Sweet & Sour Chicken with Yellow Rice 	 Christmas Lunch	Margherita Pizza with Homemade Wedges 	Fish Fingers & Chips 	
Main Meal Option 2	Vegetable Burger with Potato Wedges  	Macaroni Cheese with Vegetables or Salad	Vegetarian Christmas Lunch 	Cheese and Onion Roll with Homemade Wedges	Vegetable Fingers & Chips ^{VG}	
Vegetables	Sweetcorn & Baked Beans 	Broccoli, Cauliflower & Carrots 	NO OTHER MEAL OPTIONS AVAILABLE FOR THIS DAY	Broccoli, Sweetcorn & Coleslaw 	Garden Peas & Baked Beans 	
Baguettes	Freshly Made Baguette with Cheddar, Tuna Mayonnaise or Ham			Freshly Made Baguette with Cheddar, Tuna Mayonnaise or Ham	Freshly Made Baguette with Cheddar, Tuna Mayonnaise or Ham	
Pasta Pot	Pasta Pot with Tomato Sauce, Cheese or Tomato Sauce & Cheese			Pasta Pot with Tomato Sauce, Cheese or Tomato Sauce & Cheese	Pasta Pot with Tomato Sauce, Cheese or Tomato Sauce & Cheese	
Baked Jacket Potatoes	Jacket Potato with Beans ^{VG} Cheesy Beans, Tuna Mayo or Cheese  			Jacket Potato with Beans ^{VG} Cheesy Beans, Tuna Mayo or Cheese  	Jacket Potato with Beans ^{VG} Cheesy Beans, Tuna Mayo or Cheese  	
Dessert	Chocolate Cookie ^{VG}	Iced Sponge Cake with Sprinkles	Snowball Biscuit	Chocolate Sponge Cake	Chocolate Crunch	

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt