

September 2020 Menu Allergens

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	<p>Chicken goujons – wheat, eggs.</p> <p>Cheese parcels – wheat, eggs, milk.</p> <p>Chocolate sponge – wheat, eggs, soybeans, milk.</p>	<p>Meatballs – sulphites. May contain soybeans.</p> <p>Quorn meatballs – wheat, barley, eggs, milk. May contain soybean.</p> <p>Lemon iced sponge – wheat, eggs.</p>	<p>Roast beef and Yorkshire pudding – wheat, eggs, milk, sulphites.</p> <p>Cheese flan – wheat, eggs, milk.</p> <p>Raspberry buns – wheat, sulphites. May contain milk.</p>	<p>Sausage roll – wheat, soybean, milk, sulphites.</p> <p>Quorn sausage roll – wheat, soybean, sulphites.</p> <p>Flapjack – oats.</p>	<p>Ham & pineapple pizza – wheat, milk.</p> <p>Margherita pizza – wheat, soybean, milk. May contain eggs.</p> <p>Strawberry jelly – none.</p>
Week 2	<p>All day breakfast – sulphites, eggs, milk. May contain soybean.</p> <p>Vegetarian all day breakfast – wheat, barley, eggs, milk.</p> <p>Banana sponge – wheat, eggs, milk, soybean.</p>	<p>Beef lasagne – wheat, eggs, milk.</p> <p>Quorn lasagne – wheat, eggs, milk.</p> <p>Chocolate oaty biscuit – wheat, oats. May contain milk.</p>	<p>Roast turkey & Yorkshire pudding - wheat, eggs, milk.</p> <p>Cheese & potato pie – wheat, milk, sulphites.</p> <p>Marble sponge with Icing and sprinkles – wheat, eggs, sulphites, milk.</p>	<p>Fish fingers – wheat, fish.</p> <p>Vegetable spring roll – wheat, soybean, celery, May contain mustard, sesame.</p> <p>White chocolate chip shortbread – wheat, milk.</p>	<p>Chicken burger – wheat, mustard. May contain sesame.</p> <p>Quorn burger – wheat, barley, eggs, milk. May contain sesame.</p> <p>Fruit jelly – none.</p>
Week 3	<p>Toad in the hole – wheat, eggs, milk, sulphites. May contain soybean, mustard, celery.</p> <p>Quorn toad in the hole – wheat, barley, eggs, milk.</p> <p>Jam sponge – wheat, eggs, soybean, milk.</p>	<p>Beef bolognese – wheat. May contain soybean, milk.</p> <p>Quorn bolognese – wheat, barley, soybean.</p> <p>Fudge brownie – wheat, eggs, milk. May contain soybean.</p>	<p>Roast chicken and stuffing – wheat, sulphites.</p> <p>Stuffed jacket potato – milk.</p> <p>Ginger sponge – wheat, eggs, soybean, milk.</p>	<p>Cottage pie – milk, sulphites.</p> <p>Quorn cottage pie – wheat, barley, soybean, sulphites.</p> <p>Fruit jelly – none.</p>	<p>Fish fillet – wheat, fish.</p> <p>Vegetable fingers – wheat.</p> <p>Butter iced sponge – wheat, eggs. May contain milk.</p>

Yoghurts – milk.

Baguettes – gluten (wheat), soya.

Mayonnaise – egg.

Garlic bread – gluten (wheat). May contain soya, milk.

Torpedoes – gluten (wheat).