



THURLBY LUNCH MENU

Visit our website at www.thurlby.lincs.sch.uk for allergen information

Here are the details of our new menu that will run from Monday 7th September to Thursday 22nd October 2020 and our Theme Day Lunch for Term 1. All of the other regular options will also be available on the Theme Day.

Harvest Lunch

Thursday 1st October 2020

Sausage, mashed potatoes
& baked beans

or

Quorn sausage, mashed
potatoes & baked beans

Chocolate topped
flapjack



Are you entitled to Free School Meals?

If you are in receipt of certain benefits and do not exceed the income threshold, you could be entitled to free school meals. Please contact the school office for more information.

Monday 7th September - Friday 11th September 2020

	Monday 7th September	Tuesday 8th September	Wednesday 9th September	Thursday 10th September	Friday 11th September
Option 1	Chicken goujons & boiled potatoes	Meatballs in fresh tomato sauce, pasta & garlic bread	Roast beef, Yorkshire pudding, roast potatoes & gravy	Sausage roll & potato wedges	Ham and pineapple pizza & chips
Option 2	Cheese parcels & boiled potatoes	Quorn meatballs in fresh tomato sauce, pasta & garlic bread	Cheese flan & roast potatoes	Quorn sausage roll & potato wedges	Margherita pizza & chips
	Served with sweetcorn	Served with carrots	Served with country vegetables	Served with spaghetti/ baked beans	Served with sweetcorn
Option 3	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling
Option 4	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling
Option 5	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar
Dessert	Chocolate sponge & chocolate icing	Lemon iced sponge	Raspberry buns	Flapjack	Strawberry jelly
Yoghurt & fresh fruit available daily					



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Monday 14th September - Friday 18th September 2020

	Monday 14th September	Tuesday 15th September	Wednesday 16th September	Thursday 17th September	Friday 18th September
Option 1	All day breakfast - sausage, hash brown & omelette	Beef lasagne & garlic bread	Roast turkey, Yorkshire pudding, roast potatoes & gravy	Fish fingers & new potatoes	Chicken burger in a bun & chips
Option 2	Vegetarian all day breakfast - Quorn sausage, hash brown & omelette	Quorn lasagne & garlic bread	Cheese and potato pie	Vegetable spring roll & new potatoes	Quorn burger in a bun & chips
	Served with baked beans	Served with broccoli	Served with country vegetables	Served with peas	Served with baked beans
Option 3	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling
Option 4	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling
Option 5	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar
Dessert	Banana sponge	Chocolate oaty biscuit	Marble sponge with icing & sprinkles	White chocolate chip shortbread	Fruit jelly
Yoghurt & fresh fruit available daily					

Monday 21st September - Friday 25th September 2020

	Monday 21st September	Tuesday 22nd September	Wednesday 23rd September	Thursday 24th September	Friday 25th September
Option 1	Toad in the hole & boiled potatoes	Beef Bolognese, pasta & garlic bread	Roast chicken, stuffing, roast potatoes & gravy	Cottage pie	Fish fillet & chips
Option 2	Quorn toad in the hole & boiled potatoes	Quorn Bolognese, pasta & garlic bread	Stuffed cheese and spring onion potato skins	Quorn cottage pie	Vegetable fingers & chips
	Served with peas	Served with sweetcorn	Served with country vegetables	Served with broccoli & carrots	Served with baked beans/peas
Option 3	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling
Option 4	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling
Option 5	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar
Dessert	Jam sponge	Chocolate fudge brownie	Gingerbread square	Fruit jelly	Butter iced sponge with sprinkles
Yoghurt & fresh fruit available daily					



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Monday 28th September - Friday 2nd October 2020

	Monday 28th September	Tuesday 29th September	Wednesday 30th September	Thursday 1st October	Friday 2nd October
Option 1	Chicken goujons & boiled potatoes	Meatballs in fresh tomato sauce, pasta & garlic bread	Roast beef, Yorkshire pudding, roast potatoes & gravy	Sausage & mashed potatoes	Ham and pineapple pizza & chips
Option 2	Cheese parcels & boiled potatoes	Quorn meatballs in fresh tomato sauce, pasta & garlic bread	Cheese flan & roast potatoes	Quorn sausage & mashed potatoes	Margherita pizza & chips
	Served with sweetcorn	Served with carrots	Served with country vegetables	Served with baked beans	Served with sweetcorn
Option 3	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling
Option 4	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling
Option 5	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar
Dessert	Chocolate sponge & chocolate icing	Lemon iced sponge	Raspberry buns	Chocolate topped flapjack	Strawberry jelly
Yoghurt & fresh fruit available daily					

Monday 5th October - Friday 9th October 2020

	Monday 5th October	Tuesday 6th October	Wednesday 7th October	Thursday 8th October	Friday 9th October
Option 1	All day breakfast – sausage, hash brown & omelette	Beef lasagne & garlic bread	Roast turkey, Yorkshire pudding, roast potatoes & gravy	Fish fingers & new potatoes	Chicken burger in a bun & chips
Option 2	Vegetarian all day breakfast - Quorn sausage, hash brown & omelette	Quorn lasagne & garlic bread	Cheese and potato pie	Vegetable spring roll & new potatoes	Quorn burger in a bun & chips
	Served with baked beans	Served with broccoli	Served with country vegetables	Served with peas	Served with baked beans
Option 3	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling
Option 4	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling
Option 5	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar
Dessert	Banana sponge	Chocolate oaty biscuit	Marble sponge with icing & sprinkles	White chocolate chip shortbread	Fruit jelly
Yoghurt & fresh fruit available daily					



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Monday 12th October - Friday 16th October 2020

	Monday 12th October	Tuesday 13th October	Wednesday 14th October	Thursday 15th October	Friday 16th October
Option 1	Toad in the hole & boiled potatoes	Beef bolognese, pasta & garlic bread	Roast chicken, stuffing, roast potatoes & gravy	Cottage pie	Fish fillet & chips
Option 2	Quorn toad in the hole & boiled potatoes	Quorn bolognese, pasta & garlic bread	Stuffed cheese and spring onion potato skins	Quorn cottage pie	Vegetable fingers & chips
	Served with peas	Served with sweetcorn	Served with country vegetables	Served with broccoli & carrots	Served with baked beans/peas
Option 3	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling
Option 4	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling
Option 5	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar
Dessert	Jam sponge	Chocolate fudge brownie	Gingerbread square	Fruit jelly	Butter iced sponge with sprinkles
Yoghurt & fresh fruit available daily					

Monday 19th October - Friday 23rd October 2020

	Monday 19th October	Tuesday 20th October	Wednesday 21st October	Thursday 22nd October	Friday 23rd October
Option 1	Chicken goujons & boiled potatoes	Meatballs in fresh tomato sauce, pasta & garlic bread	Roast beef, Yorkshire pudding, roast potatoes & gravy	Sausage roll & potato wedges	T R A I N I N G D A Y
Option 2	Cheese parcels & boiled potatoes	Quorn meatballs in fresh tomato sauce, pasta & garlic bread	Cheese flan & roast potatoes	Quorn sausage roll & potato wedges	
	Served with sweetcorn	Served with carrots	Served with country vegetables	Served with spaghetti/baked beans	
Option 3	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	Baguette with a choice of filling	
Option 4	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	
Option 5	Salad bar	Salad bar	Salad bar	Salad bar	
Dessert	Chocolate sponge & chocolate icing	Lemon iced sponge	Raspberry buns	Flapjack	
Yoghurt & fresh fruit available daily					